# MOUNTAIN REGIONAL SERVICES, INC.

2020 Annual Report

#### A MESSAGE FROM THE PRESIDENT

by John Knopf

It's impossible to look back at 2020 and not focus on what will likely be viewed as one of the more significant events in our lifetime, the COVID-19 pandemic. Few situations have caused more stress, anxiety and fear as we sought to maintain safety along with some semblance of normalcy. MRSI's response to the pandemic was immediate, comprehensive and based on guidance from federal, state and local health officials. Masking, social distancing, and constant hand washing and cleaning became fixtures of daily living. Day services were delivered in participants' homes, virtual meetings became the new normal, and community outings were reduced to drive-thru dining and curbside pickup.

Fortunately, these measures have proven effective thus far with only a small number of participants and staff members contracting the virus and all fully recovered. Throughout the ordeal, Uinta County Public Health has been a godsend providing invaluable advice and facilitating numerous in-house vaccination clinics for willing individuals. Credit must also be given to our employees and in particular our direct support professionals who showed incredible courage and selflessness by continuing to provide quality care during this dangerous and demanding time. The individuals we serve also rose to the challenge by embracing the many changes to service delivery, incorporating safe practices in their daily routines, and remaining positive and brave.

The pandemic also impacted MRSI's state certification delaying it for more than a year. When the survey process was finally completed, the Division congratulated MRSI on a successful certification renewal and a flawless score allowing for a three-year certification which is the highest possible award. This outstanding achievement once again validates MRSI's commitment to quality at every level of the organization.

As we begin to see encouraging signs that the pandemic is slowing, providers must turn their attention to a new storm on the horizon. Wyoming's bleak financial picture has already resulted in a reduction in provider reimbursement rates in early 2021 and renewed calls for additional cuts. It is critical that the disability community work to minimize any future reductions and safeguard the service delivery system for this vulnerable population.

#### ABOUT THE ORGANIZATION

Mountain Regional Services, Inc. (MRSI) has been providing quality services to persons with intellectual/developmental disabilities and acquired brain injury since 1985. The nationally accredited services are designed around the needs and choices of participants while providing purpose, respect and dignity. Individuals eligible for home and community-based waiver services are accepted into the program provided space and resources are available and services are appropriate. The organization employs dedicated and highly trained staff who provide individualized care for each person served. Using a team approach, participants interact with a wide range of professionals enabling even the most involved individuals to reach their greatest level of independence.

Residential programs provide individuals with the option of living in homes or apartments integrated throughout the community. Supervised and supported services
ensure a healthy environment while providing for privacy, personal security, and
self-sufficiency. Life skills such as self-care, housekeeping, meal preparation, and
utilization of community resources are developed on a daily basis. Independence is
advanced through training in communication, self-advocacy, financial management,
and decision-making.

Community integration services are individually tailored to meet the needs of each participant. As with all programs offered at MRSI, choice is the primary consideration and personal growth the goal. Day programs span a broad range from sensory stimulation and communication for the most involved individuals to socialization and behavior management for those pursuing greater independence. Accommodations are also available for older individuals seeking a more relaxed environment. Participants venture into the community on a daily basis to attend events, shop, dine, further their education, etc. Development of computer skills is encouraged with work stations and web access available to all participants.

For individuals who desire employment, MRSI's community employment services offer training, placement, and support. Participants interact with a specialist who facilitates employment discovery, education, internships, and on-the-job training. An extensive network of potential employers has been developed to provide participants with a variety of community-based employment opportunities.

### **MISSION STATEMENT**

## "ASSISTING EACH PERSON SERVED

### IN ACHIEVING THE

**HIGHEST QUALITY OF LIFE!"** 

#### **BOARD OF DIRECTORS**

MRSI is governed by a volunteer Board of Directors who give generously of their time and talents. Their commitment to individuals with disabilities and those who serve them is greatly appreciated and vital to our continued success.

Mike Basom, J.D. Attorney (Chair)

Glenna Calmes
Special Services Director
Uinta County School District #1
(retired)
(Secretary-Treasurer)

Kathy Davison
WY House of Representatives
(retired)
(Vice-Chair)

Mike Seppala Banker Western Security Bank

Wendy Volk Realtor #1 Properties

John Holderegger, M.S. President-CEO MRSI (retired)

Tib Ottley Realtor Uinta Realty

#### **MEMBERSHIP - AFFILIATIONS**

Commission on Accreditation of Rehabilitation Facilities (CARF)

Wyoming Community Service Providers (WCSP)

Disability: IN Uinta County

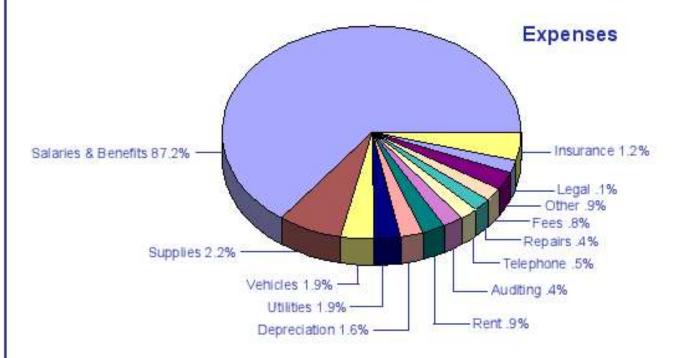
## OUTCOMES - QUALITY ASSURANCE

	Overall satisfaction with MRSI services	91%
	Total number of individuals with a intellectual/developmental or acquired brain injury receiving services from MRSI	61
	Average number of trips into the community each year by participants	196
	Satisfaction with community integration services	88%
	Satisfaction with community housing/supported living services	94%
	Number of participants engaged in competitive employment	21
	Average number of months participants have maintained employment with the same employer	100
i i	Average hourly pay rate for participants in supported employment program	\$8.88
	Satisfaction with employment services	92%

#### **FINANCIAL REPORT**

for the year ended June 30, 2020





Mountain Regional Services, Inc. is a private, nonprofit corporation designated as a 501-C-3 corporation by the IRS.

The following services offered by Mountain Regional Services, Inc. are certified by the Wyoming Department of Health and nationally accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities:

Community Employment Services: Employment Supports

Community Employment Services: Job Development

Community Housing

Community Integration

Supported Living



#### MRSI - Evanston

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